

health policy

reducing the spread of minor viruses requires a group effort

In order to reduce the spread of minor viruses to school, please take note of the following:

- In school, the use of air conditioning will be reduced or stopped as necessary in order to maintain a comfortable temperature in the classroom.
- Windows will be opened after school to help circulate fresh air into the classroom.
- Whilst we recognize that it is difficult to avoid contact with these viruses both in and out of school; we ask that you please ensure that your child is well before bringing him/her to school.
- Coughs and colds are highly contagious and a short stay at home will reduce the unnecessary spreading of germs to other children in school.
- If your child has any of the following symptoms it is recommended that he/she stay at home until the symptoms have subsided:
 - Lots of coughing and sneezing
 - Constant runny nose
 - Conjunctivitis
 - Upset tummy (if your child has diarrhea or vomiting then he/she must stay at home until the condition has cleared).
 - If you child has a fever then he/she needs to be at home
- Your child has to be free of symptoms for a full 24 hours before returning to preschool (the fever has subsided **without** fever reducing medicine).
- If your doctor advises that your child is well enough to return to school we ask that you bring a note from your doctor.